MEN WHO TRUDGE

A DAILY ONLINE MEN'S MEETING OF A.A.

Weekly Meeting Schedule

Formed in Buffalo, NY. We meet Monday – Saturday at 7:30 a.m. and Sunday at 10:00 a.m. Eastern time.

This Week, Every Week

All times Eastern

MONDAY	Daily Reflections	7:30 a.m.
TUESDAY	As Bill Sees It	7:30 a.m.
WEDNESDAY	Group Meditation	7:30 a.m.
THURSDAY	Step of the Month	7:30 a.m.
FRIDAY	Big Book Study	7:30 a.m.
SATURDAY	Open Discussion	7:30 a.m.
SUNDAY	AA Literature — Later start	10:00 a.m.

All men with a desire to stop drinking are welcome to attend.

Join us on Zoom

Every meeting uses the same link.

Click here to join the meeting

MEETING ID
321 960 646

MEN WHO TRUDGE
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Men Who Trudge is an independent A.A. meeting and is not affiliated with or endorsed by Alcoholics Anonymous World Services, Inc.